



**Clinical Services**

**Time to stock up on hand sanitizer and tissues!**

**8.5%\*** of all patients seen Nov. 4-8 had an acute upper respiratory infection

**UP 3.2% IN 1 WEEK**



**Lab/X-Ray**

Both Lab and X-ray have recently reviewed the tests they offer to ensure that our diagnostic services are up-to-date. **Lab changed a few tests** that are done for diabetics and **X-ray added a few new views** that will be used by the radiologist in the diagnosis of fractures.



**Pharmacy**

American Pharmacists Month was observed in October.

**Kathryn Hensley, PharmD candidate from the University of Iowa just joined us for her five-week ambulatory care rotation. Katie is an ISU graduate.**



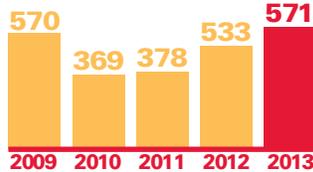
*Kathryn Hensley*



**Physical Therapy**

**October was the busiest October in five years.**

October was also National Physical Therapy Month.



**Communications & Prevention Services**

Joining together to present at the North Central College Health Association Conference on 11/14. Lauri Dusselier and Samantha Boyd shared a presentation based on the work they have done to create social media messaging. The presentation is entitled, **“Using Social Media to Move Your Message.”**



**Administration**

Michelle Hendricks served as President of the North Central College Health Association Conference in 2013. She handed over the reins at last week’s annual conference.



**Health Information Management**

**Claims submitted by the Billing Office:**

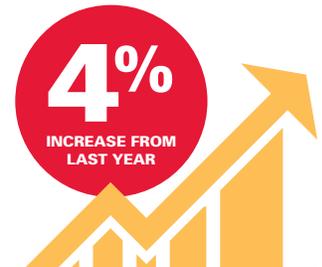


**Total Patients Seen SEPT 30-OCT 28, 2013:**

**3,525**

Total Patients Seen LAST YEAR AT THIS TIME:

**3,382**



*Mary Raman, ARNP*

specializing in **students:**  
**Women’s Health Services**

**Student Health is partnering with MGMC January 13-31 to provide cervical cancer screening and HPV vaccination awareness to students.**

**At Student Health we specialize in students, and we understand that finding time for annual exams and contraception refills isn’t always easy. That’s why we provide women’s health services right here on campus. It’s convenient for students and ensures they are receiving comprehensive health care while at ISU.**

Women’s healthcare is provided by all of our medical staff; however we are fortunate to have Mary Raman, a certified Women’s Health Nurse Practitioner, on staff. Mary believes that reproductive health planning is an essential component of health care for women, and she is available to discuss students’ individual needs with them.

Mary joined the medical staff in 2007. She received her MS in Nursing from the University of Tennessee in 1996, and earned

certification as a Women’s Health Nurse Practitioner in 1997. Her practice experience includes private gynecology practice, public health and college health. Mary was recently trained in providing “LARCS” – Long Acting Reversible Contraception, which includes intrauterine devices (IUDs) and the implant (Nexplanon™).

**Women’s Health Services Available at Student Health**

- Pelvic exams and pap smears to screen for cervical cancer
- Contraceptive options such as birth control pills, contraceptive ring or patch, Depo-Provera™ (“the shot”), intrauterine device, contraceptive implant, and diaphragm
- Clinical breast exam and self-breast exam instruction
- Sexually transmitted infection testing, treatment, and prevention
- HPV (Gardasil) vaccine
- Abnormal pap smear follow-up / Colposcopy
- Evaluation and treatment for common women’s health conditions such as vaginal and urinary tract infections
- Care for menstrual concerns, such as cramps, irregular periods, and PMS
- Emergency contraception (Plan B) is available over-the-counter at the pharmacy.

**Student Health Pharmacy has filled 6603 birth control prescriptions in the last year\*.**

11/12/12-11/12/13