



Clinical Services

Successful rabies injection series clinic for approximately **72 vet med students**.



Lab/X-Ray

The lab is starting to see quite a few **positive influenza A results**.

Make sure students are practicing good hygiene to slow the spread of the flu!



Physical Therapy

Brent Bower, PTA, attended a continuing education conference regarding **rotator cuff dysfunction** in the shoulder. Shoulder injuries are the second most common injury seen at ISU Physical Therapy.



Pharmacy

Volume continues to outpace last year, up 6% this year with similar profitability.



Communications

Our **Communication Specialist, Samantha Boyd**, has over a decade of healthcare marketing experience.



Samantha Boyd



Prevention Services

Five candidates were interviewed on campus for the two open prevention specialist positions.



Administration

Student Health serves on the **Story County Quality of Life Alliance** and contributes to the health and quality of life initiatives of the collaboration.



Health Information Management

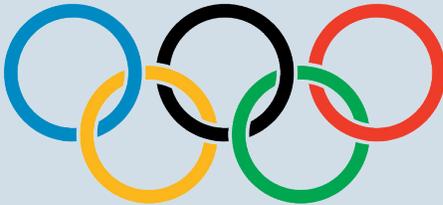
The scanning center in the health information department scans more than **100,000 pages** per year into the medical records.

specializing in
students:

Physical
Therapy



Jim Nespor, PT, ATC
Physical Therapy
Department Director



Once every two years, many of us are glued to our TVs watching the Olympic athletes strive to make their dreams come true. The Olympian individuals' stories are inspiring and emotional, and they remind us that each athlete didn't get to Sochi alone.

The physical therapy and sports medicine department at Iowa State University reflected this week on how almost every athlete in the village had seen a physical therapist or athletic trainer throughout their years of training. Physical therapist, certified athletic trainer and department director, **Jim Nespor**, actually has first-hand experience training athletes at the U.S.O.C. Olympic Training Center, at the U.S. Olympic Festival and in the 1996 Atlanta Olympic Games. In addition, Jim has a special place in his heart for Special Olympians, and has received the Special Olympics of Iowa Volunteer of the Year award.

Jim is not alone in his commitment to his profession and community. **Dabney Larson-Hargrafen**, physical therapist, certified athletic trainer and sports certified specialist; and **Brent Bower**, physical therapist assistant, both are dedicated to advancing their professions through

work through their local and national industry associations such as the American Physical Therapy Association, National Athletic Trainers' Association and the Iowa Physical Therapy Association. The entire staff is committed to using their talents to better the communities they live in.

Techniques, Tools and Equipment

The physical therapy department at Student Health is located on the second floor. One of the unique things about their unit is that they are one of the few within Student Health that sees ISU faculty and staff as well as students. They recently updated their web page with new patient-friendly protocols and equipment videos, some

With all injuries, our staff explores best practices from around the country to provide our patients with the most up-to-date rehabilitation techniques, tools and equipment.

of which they are filming right here at Student Health!

The staff strives to stay on the cutting edge of the science and research available in physical therapy evaluation, treatment and

rehabilitation. They offer a wide array of rehabilitative techniques and equipment to help patients regain full physical and performance function.

In the Winter Olympics, you'll find that one of the most common conditions is ACL injuries, especially among skiers. At Iowa State, this same injury to the knee is the most commonly seen by our physical therapy team. With all injuries, our staff explores best practices from around the country to provide our patients with the most up-to-date rehabilitation techniques, tools and equipment.