

# IOWA STATE UNIVERSITY

## Thielen Student Health Center

**2647 UNION DRIVE**

Corner of Sheldon & Union  
Across from State Gym

### CLINIC HOURS

MONDAY 8 am - 6 pm  
TUESDAY 8 am - 5 pm  
WEDNESDAY 9 am - 5 pm  
THURSDAY 8 am - 5 pm  
FRIDAY 8 am - 5 pm  
SATURDAY 9 am - noon

**PLEASE CALL TO MAKE AN APPOINTMENT**



**515-294-5801**  
**FREE MEDICAL**  
**ADVICE 24/7**

## KEEPING CAMPUS HEALTHY

Thielen Student Health Center is a full-service medical clinic in Ames, Iowa, staffed with physicians, physicians assistants, advanced registered nurse practitioners and nurses. Our team is available to care for the Iowa State University students' primary health care needs.

We understand the unique needs of students – things like working around your schedule to help you make an appointment or helping you transfer your medical records and prescriptions from home to school.

We provide an inclusive, non-judgmental environment where our diverse student body is treated with dignity and respect in a non-discriminatory way.

**We are conveniently located right on Iowa State University's campus across from State Gym!**

*Accredited by*



ACCREDITATION ASSOCIATION  
*for* AMBULATORY HEALTH CARE, INC.

## ILLNESS & INJURY CARE

We're available by appointment to see you for any illness or injury. We treat a variety of primary health care concerns such as upper respiratory infections, strep throat, rashes, infections, sprains, minor broken bones and more.

## PHYSICAL EXAMS (PREVENTATIVE EXAMS)

These exams pro-actively focus on health issues based on specific criteria such as age, previous health history, social habits, lifestyle, and other factors. Be sure to ask about charges when you call to schedule a physical exam, as additional fees may be associated with preventative care.

## CHRONIC OR ONGOING MEDICAL CONDITIONS

From ongoing treatment for asthma to diabetes management, we know that managing chronic healthcare issues is a vital part of being a successful student. Our team will work with you and your healthcare team to make sure that all of your health needs are met while you're at Iowa State.

## DIAGNOSTIC CAPABILITIES

Student Health has extensive diagnostic capabilities to keep you on campus when you're injured or ill. With a state-of-the-art laboratory and digital x-ray right here in the clinic, our providers have the tools they need to help diagnosis your condition and create a treatment plan that will get you back to class in no time.

## MENTAL HEALTH SERVICES

Student Health providers can assist you with a broad spectrum of mental health concerns and issues such as depression, anxiety, ADHD, stress reactions or substance abuse. In addition, we have dedicated psychiatrists and nurse practitioners available for appointments.

## WOMEN'S HEALTH

Comprehensive women's health services including pelvic and breast exams, pap screening and treatment for female specific health concerns are available at the clinic. In addition, we provide education and prescriptions for a variety of birth control options.

## SEXUAL & REPRODUCTIVE HEALTH

From free condom distribution to a variety of prescription birth control options, the clinic offers students the reproductive health services they need while on campus. In addition, on-site sexually transmitted disease screening is available for students in a confidential and non-judgmental environment.

## TRANS & GENDER NON-CONFORMING CARE

We provide a welcoming, comfortable environment for all students. Currently, health center staff are prepared to meet general health care needs for trans and gender non-conforming students.

## ALLERGY CLINIC

The Allergy Clinic is staffed with professionals who have experience in allergy immunotherapy. Our staff works with your allergist to provide continued care and allergy maintenance for students receiving allergy injections or other treatments.

## TRAVEL CLINIC

The Travel Clinic can provide the information and advice you need to prepare for international travel, whether it's on your own or with a study abroad program. Travelers can make an appointment with our Travel Clinic to receive necessary vaccinations and travel information for worldwide destinations.

## IMMUNIZATIONS

As a student who is part of a large student body, it is very important that you stay up-to-date on all recommended vaccinations. From the required vaccinations for all new students to annual flu vaccinations, the student health center can provide any and all recommended adult immunizations you'll need while on campus.

## PHARMACY

Located inside the main doors of the clinic, the pharmacy offers a convenient location, dependable service, and competitive prices for students. We're happy to help you transfer a prescription from your home pharmacy to school and back again during breaks.

## PHYSICAL THERAPY & SPORTS MEDICINE

Whether you're recovering from a surgery or simply had an injury, physical therapy and sports medicine rehabilitation services are available on the second floor of the health clinic. Students, faculty, and staff members benefit from the hands-on techniques and cutting-edge equipment provided by our licensed physical therapy staff.

